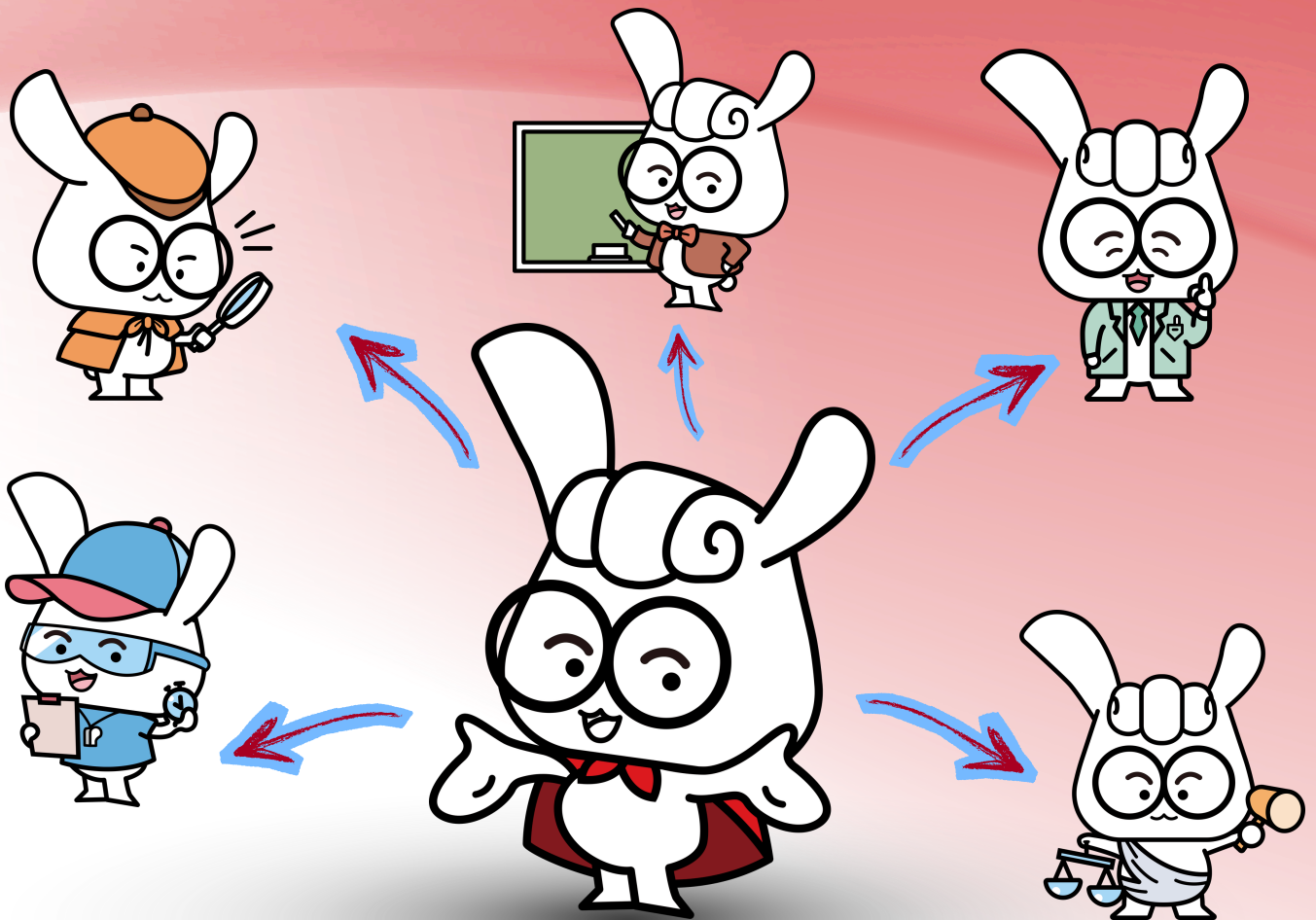


# WHERE ARE THEY NOW?

## KADA Alumni Legacy Bulletin



**K-lean  
Together**



SEOUL  
NATIONAL  
UNIVERSITY



DREAM  
TOGETHER  
MASTER  
Global Sport Management  
Graduate Program



**KADA**  
KOREA ANTI-DOPING AGENCY

# In this issue...

In this issue, we **follow SNU-DTM graduates** who once walked KADA's corridors as interns and now shape clean sport from federation offices, classrooms, control stations, and major events around the world. Their journeys show how a two-month placement in Seoul can echo through an entire career.





# Alumni Legacy

KADA Alumni Legacy Program aims to empower interns to forge their own clean sport leadership paths while staying true to the organization's values.

KADA alumni serve as powerful extensions of the organization, carrying forward its mission of clean sport education, governance, and capacity building across borders. As global ambassadors, they apply KADA-trained skills in NOCs, federations, and NADOs worldwide, proving the internship's lasting impact beyond Seoul

KADA sees its alumni as family, valuing their success as proof that the organization serves as a vital stepping stone and career boost in clean sport leadership. These former interns from the SNUDTM-KADA Internship Program and Klean Together Program embody KADA's values in real-world settings, demonstrating how KADA's training creates sustainable clean sport leadership across continents. KADA recognizes this network as vital "branches" that amplify clean sport advocacy globally.

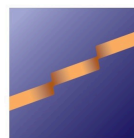
The "Where Are They Now?" bulletin highlights these specific SNUDTM-KADA interns and Klean Together alumni to inspire future participants, attract partnerships, and document KADA's global footprint through its key capacity-building initiatives. Each profile reveals not just individual journeys, but how the organization extends its influence through dedicated program alumni

KADA Alumni Legacy Program aims to empower interns to forge their own clean sport leadership paths while staying true to the organization's values.

The KADA Alumni Network links past interns, DTM scholars, and partnership participants into a growing community, creating new collaborations and mentorship across regions and generations.



**KADA**  
KOREA ANTI-DOPING AGENCY



**DREAM TOGETHER MASTER**  
Global Sport Management Graduate Program



The Dream Together Master (DTM) program places graduates in internships across multiple organizations, one of which is the Korea Anti-Doping Agency (KADA). KADA is now in its ninth year of intakes, marking almost a decade of giving back to the global sports community by creating career opportunities for Seoul National University DTM graduates.

The program represents a great sense of diversity not only in gender but also in geography. Males and females from Asia, South America, and Africa have made up the KADA intern alumni list so far.

The interlinked work culture at KADA makes it seamless for interns to be able to get a grasp of nearly every department in the Agency, on top of their assigned primary one.

Having been founded in 2006, KADA today stands as one of the strongest National Anti-Doping Organizations globally. This makes them ideal to be used as one of the main stages chosen by DTM to showcase the power of internationalization through sports. Although usually only experienced in the field of play, internationalization through sport is seen and felt here by said interns. The career exchange allows the interns to grow personally and professionally and familiarize themselves with the global working standards beyond their own countries. An opportunity otherwise out of reach for freshly graduated students.

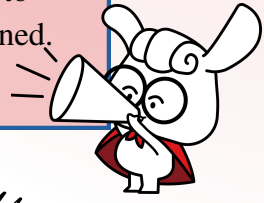


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A rigorous selection and interview process is carried out to determine the program intern each year.

KADA has been part of the DTM internship partnership program as early as 2017

The selected interns, serve a 2-month tenure, before returning back to their home countries to implement what they've learned.



## Program Details



**KADA  
ALUMNI  
NETWORK**  
CONNECTED BY LEGACY, UNITED IN IMPACT

**SNU - DTM  
ALUMNI**

[INTERNSHIP PROGRAM]  
&  
[ANTI-DOPING ALUMNI]

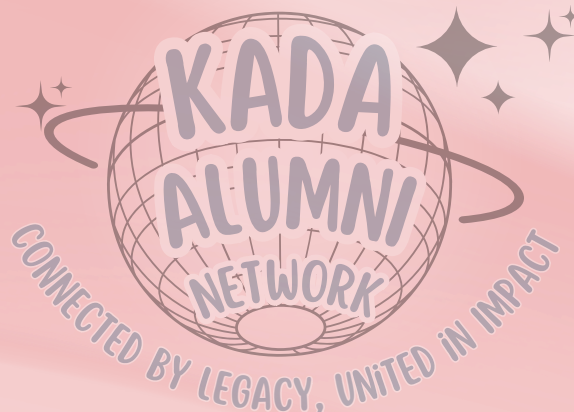


**KADA**  
KOREA ANTI-DOPING AGENCY



**Sports officer**  
**Ministry of Tourism, Sports, Arts and Culture**  
**(Lesotho)**

Working as a district-level sports administrator, her role bridges sport development, education, and policy, still tied closely to her anti-doping roots. As a policy maker, she ensures that national federations apply clean sport principles through the national policy on sport and recreation. She also advocates for collaboration between Lesotho's anti-doping and international partners like KADA, aiming to strengthen local capacity and create lasting educational impact.



When Motsejoa Belina Ntsane joined the Korea Anti-Doping Agency (KADA) as an education intern in 2019, she already knew the basics of fair play. What she didn't expect was how deeply the experience would expand her vision for clean sport back home in Lesotho.

Working with the Education Department, Motsejoa helped develop learning materials, facilitated seminars for athletes and parents, and supported KADA staff by staying up to date on the latest WADA policies. The opportunity to collaborate with multiple departments gave her a fuller picture of how anti-doping functions at an institutional level.

“Before KADA, I was a chaperone and later an anti-doping officer, but I always felt there was more to learn” she reflects. **“Through my internship, I gained hands-on experience that has made me far more effective in my current work.”** she shared.

One of the highlights of her internship was discovering the science behind testing. “Lab work was completely new to me,” she says. “Before KADA, my knowledge of blood testing was very limited. Learning about it gave me an entirely new respect for how precise and technical anti-doping work really is.” she added. This experience deepened her appreciation not only for policy but for the rigorous processes that ensure fairness on the field.

**“Be teachable”** Belina said in closing. It's a philosophy that has guided her through every stage of her career, one grounded in curiosity and humility. Belina's story is one of learning and giving back, proof that international experiences can fuel lasting change back home, one lesson and one connection at a time.



**Belina Ntsane**  
**2019 Intern**  
**(5th Batch)**

**Technical Manager,  
Middle East & Africa Motul  
(Oil & Gas sector, Sudan)**

There, Amjed introduces new products, delivers technical training, and conducts market research across vast regions. This he does with the same rigor he learned managing KADA's cross-departmental projects.



Amjed Mustafa first connected with KADA through the 2019 DTM program, but his 2021 internship in the International Cooperation Department revealed the organization's true power. Tasked with analyzing potential partnerships and building a comprehensive database of collaboration opportunities, Amjed saw firsthand how strategic relationships amplify the impact of anti-doping efforts worldwide. His standout collaboration with the Education Department, revising learning materials to align with the WADA Code 2021 and delivering English-language lectures to international athletes, taught him that clean sport thrives at the intersection of diplomacy and education.

What emerged from those projects was more than technical skills, it was a profound understanding of anti-doping as an interconnected ecosystem.

"Working at KADA helped me see WADA as more than rules; it's how education, international relations, and operations integrate to deliver the mission" Amjed reflects

This holistic view continues to shape his voluntary role as Anti-Doping Education Officer at the Sudanese Shooting Federation, where he applies KADA's systems thinking to protect athletes in his home country.

Guided by his mantra, "Stand firmly for justice, even if it is against yourselves," he reminds future interns and anti-doping professionals:

**"Anti-doping is more than an organization or job. It's a mission of protecting athletes, preserving fair play, and keeping sport clean. If you believe in integrity, this field is both meaningful and impactful."**

Looking back, Amjed holds special appreciation for his KADA mentors. The memories will last forever. It was a remarkable experience with lasting impact. Special thanks to KADA Family.

**Amjed Mustafa**  
**2021 Intern (7th Batch)**

## Deputy Integration Operation Manager

GL events

(Japan)

Andres' trajectory reflects the kind of professional growth that internships at world-class organizations can catalyze. His remit is nothing short of ambitious: coordinating and supervising operational teams for the Overlay Infrastructure of the Asian Games Aichi-Nagoya 2026, one of Asia's most significant sporting events.

In this role, he coordinates with cluster managers and site supervisors the venue operations setup for the temporary infrastructures, buildup up schedules, and overall readiness for the event.



**Andres Guzman**  
**2022 Intern**  
**(8th Batch)**

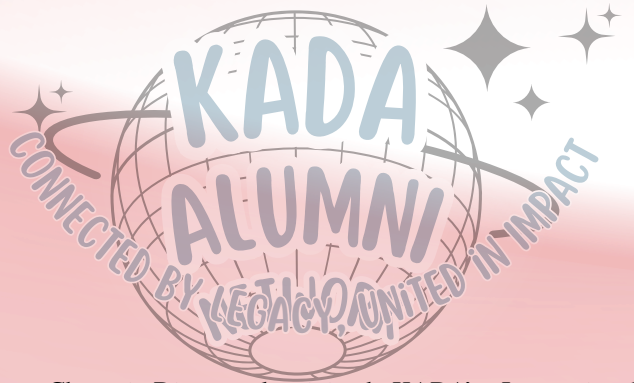
When Andres Guzman walked through KADA's doors in early 2022, he was tasked with something audacious: supporting the bidding effort for the WADA 2023 Therapeutic Use Exemption (TUE) Symposium. But it was the behind-the-scenes discovery of KADA's intricate organizational ecosystem that truly shifted his perspective on what excellence in sports looks like. **"I was very impressed by how the whole organization is managed"** he recalls. It was a masterclass in operational sophistication HR, Finance, Technical, Marketing it multiplies across continents.

In 2022, Colombia hosted the World Athletics U20 Championships in Cali one of the most prestigious youth athletics events on the global calendar. And through a remarkable convergence of timing and professional networks, Andres had the extraordinary opportunity to **bring KADA's anti-doping expertise directly to the Championships**. He didn't just attend; he helped establish anti-doping programming and education at one of the world's most important junior athletics competitions.

**"It was an amazing experience for everyone"** he reflects. What Andres witnessed was the direct transfer of KADA's rigorous standards to a new context. The Championships Cali 2022 became a testament to what happens when organizations like KADA invest in their people. Andres didn't just learn from KADA; he became a carrier of KADA's mission, extending it to the next generation of athletes. This wasn't just an internship benefit he was enjoying it was the ripple effect of good mentorship in action, multiplying across continents and age groups.

**Senior Executive - Games Operations  
National Olympic Committee and  
Commonwealth Games Association  
(Sri Lanka)**

Today, Charuni channels that very philosophy into her role as the Senior Executive of Games Operations for the NOC of Sri Lanka and the Commonwealth Games Association of Sri Lanka. In a high-stakes environment where she manages the operational complexities of Sri Lanka's participation in major international multi-sport events, her KADA foundation remains deeply relevant. While her day-to-day focus is on seamless execution and athlete-focused operations, she serves as a vital safeguard for clean sport. By working closely with National Federations and global stakeholders, she ensures that every logistical process and athlete entry inherently aligns with strict international standards and anti-doping requirements.



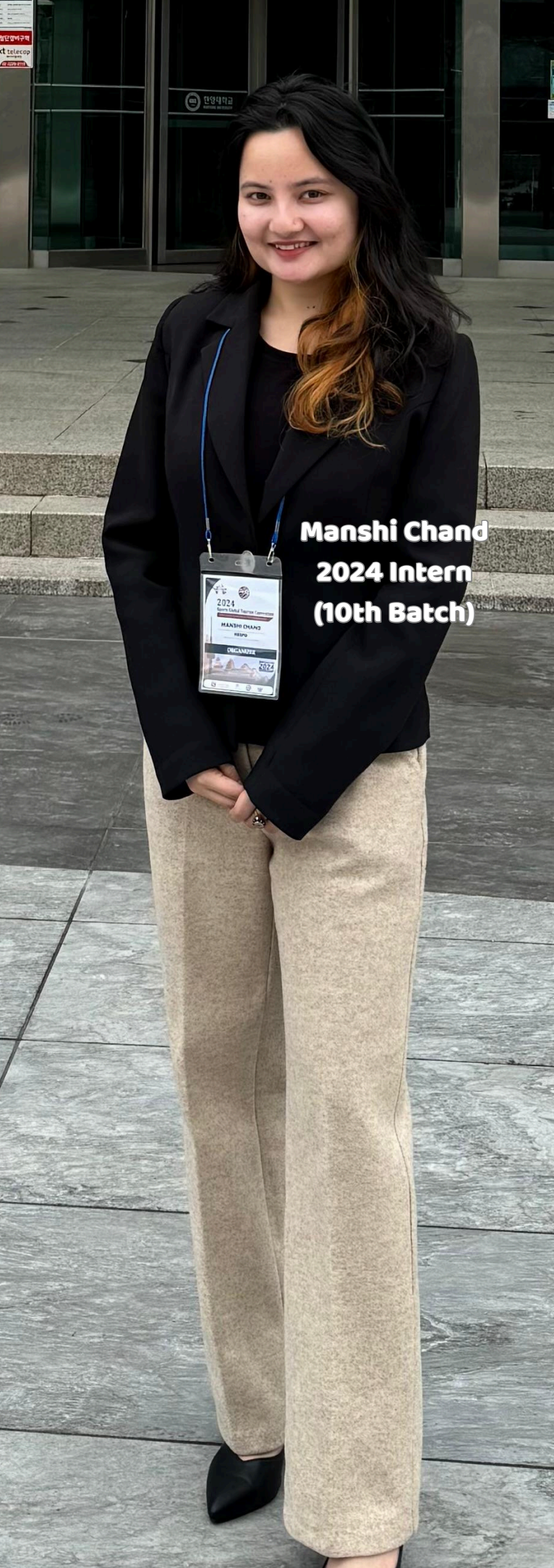
When Charuni Dissanayake joined KADA's International Relations department in early 2023, she stepped directly into the heart of the global anti-doping ecosystem. Tasked with coordinating the cross-border "Education for Athletes' Career-Phase II" programme alongside NOC Sri Lanka and SLADA, she quickly became an integral part of KADA's international outreach. But it was on the ground, observing the 104th Winter Sports Festival in Pyeongchang, that she experienced a profound professional awakening. **"It shifted my view of anti-doping from a compliance function to a values-driven, educational approach"** she recalls. It was a pivotal lesson in how integrity and awareness must actively shape the sporting landscape.

Charuni didn't just fulfill her internship duties, but she absorbed KADA's commitment to ethical responsibility and carried it across the globe. Her journey highlights the power of taking initiative. A core piece of advice she offers to future interns: **"Go beyond assigned tasks, ask questions, engage with different stakeholders, and take initiative to understand the bigger picture. The most valuable learning came from actively seeking opportunities and building relationships."**

Her trajectory from running clean sport surveys in Seoul to orchestrating high-level major event coordination in Sri Lanka reflects the lasting impact of her time at KADA. The principles of integrity, collaboration, and values-based education she cultivated continue to guide her ongoing journey, proving that the pursuit of operational excellence and the championing of clean sport go hand in hand.



**Charuni Dissanayake**  
**2023 Intern**  
**(9th Batch)**

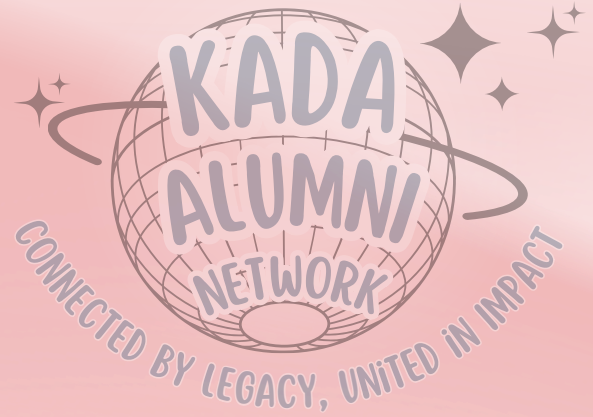


**Manshi Chand**  
**2024 Intern**  
**(10th Batch)**

## Where is Manshi now?

### **Sports Manager** **Thunderbolts Development Center** **(Nepal)**

From Seoul's operational excellence to Nepal's emerging sports infrastructure, Manshi carries KADA's philosophy forward, proving one internship can spark systemic change across borders; She is building Nepal's first multi-sport academy while championing clean sport education.



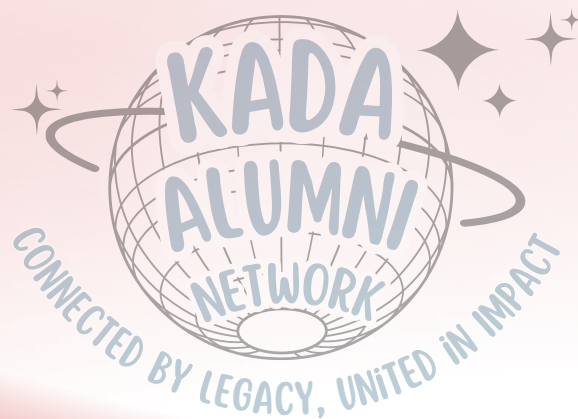
Manshi Chand immersed herself in KADA's Business Operations Department, supporting HR and internal operations while assisting International Relations. But the moment that reshaped her view of sports came from seeing KADA's achievements up close and its remarkable structure, efficiency, and integrity. "Working closely within its operations, I saw a level of structure, efficiency, and integrity that deeply impressed me, especially because such systems are still largely missing in Nepal," she reflects. KADA became her benchmark, a living standard for what strong sports institutions can achieve when built on solid foundations. This experience left her both hopeful and restless, a powerful combination driving her work back home.

The mindset that stuck? **"Think globally, act locally."** KADA showed her world-class systems but also how to adapt them to real contexts. Today, as sports manager at Thunderbolts Development Center in Nepal, Manshi is building one of the country's first multi-sport academies from the ground up. In just one year, they've executed national- and school-level leagues with over 3,000 participants, developed two sports infrastructures, awarded scholarships to 15+ young athletes, and conducted structured training camps for 100+ children. She's creating structured pathways from grassroots to elite levels, complete with quality facilities, strength & conditioning, and trained coaches, delivering the institutional foundation Nepal desperately needs.

Even without a formal anti-doping role, Manshi weaves clean sport education into her work, giving anti-doping lectures to academy kids. "Even though Nepal is yet to set a strong base for Anti-Doping Education, this is my small start to make change happen," she says. For future interns, her advice is direct: **"Make the most of your time; if you're really passionate about what you do, so many doors will open for you. Everyone in KADA is really welcoming, so don't be afraid to ask questions and take initiative."**

**PhD Student, Global Sports Management  
Seoul National University  
(South Korea)**

Navi will be beginning PhD coursework in Spring 2026, pursuing advanced study in global sports management while building strategic thinking skills that will shape international anti-doping collaboration for years to come.



Vaishnavi interned in KADA's International Relations (Jan-Feb 2025), driving the KADA-DTM workshop to strengthen agency-student collaboration. Her portfolio expanded rapidly: coordinating with International Kabaddi Organisation for their Super League, bridging the NADA India-KADA MOU gap, crafting WADA Symposium promotional strategies, and developing Busan World Conference operational plans all presented internationally.

Her defining moment came when she proposed the KADA-DTM workshop, uncertain of the reception. "Seeing professionals from testing, investigations, education, public relations, and international relations collaborate toward a single anti-doping objective made me realise that an entire ethical and administrative ecosystem supports sport," she reflects. Sports aren't individual achievements; they're institutional achievements.

Vaishnavi played a pivotal role in advancing the NADA India-KADA MOU, identifying and addressing gaps between the two nations' anti-doping agencies. This wasn't theoretical work—her analysis and recommendations moved concrete bilateral cooperation forward, showcasing her ability to navigate complex international relationships during her internship.

Her portfolio expanded to global visibility: developing promotional strategies for KADA's WADA Symposium presence and creating the operational plan for Busan's World Conference promotion, presented internationally. These high-profile projects positioned Vaishnavi at the intersection of anti-doping diplomacy and global event strategy.

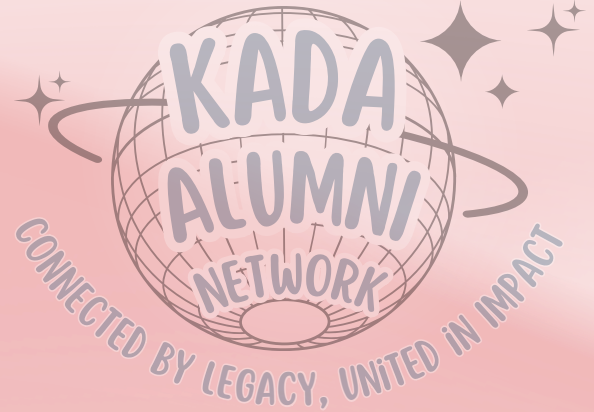
**"Work hard, have fun, and make your own way. There is something to learn from everyone at KADA"** she advises interns. In keeping with the culture of learning, Vaishnavi decided to further her academic competence by obtaining another degree rather than immediately entering the workforce.



**Vaishnavi Parande**  
**2025 Intern**  
**(11th Batch)**

**Freelancer (Remote)**  
**Sport & Project Management/Digital**  
**Communications/PR**

Bina intends to use the knowledge she has gained from KADA to support the Namibia NADO system. In order for Namibia to develop and eventually become a powerful standing NADO, she intends to use her abilities to build alliances.



Bina joined KADA in early 2026. During her internship from January to February, she moved between departments and projects, seeing up close how education, testing, operations, public, and international relations each carried a different piece of the clean sport mission. At the same time, she took on a unique task: shaping an alumni bulletin that would bring together the voices and journeys of KADA's former interns and fellows from across the globe.

What struck her most was how much KADA's strength came from people as much as procedures. She watched staff shift between roles, support one another's work, and treat interns and visiting professionals as future collaborators rather than temporary help. That experience quietly informed the tone she chose for the bulletin. Instead of something formal and distant, she crafted an alumni voice that felt like KADA itself: warm, professional, and community-focused, reflecting the way the organization welcomed her from day one.

As she gathered stories from interns everywhere in the world, Bina saw the alumni network come to life. Each profile showed how KADA's influence continued long after internships ended, through doctors, educators, policy makers, testers, and administrators who carried their Seoul experience back into ministries, hospitals, national federations, and grassroots academies. In stitching those narratives together, she also clarified her own: **someone who believes that telling these stories is part of protecting sport, because they show what clean sport looks like when it's lived, not just written into codes.**

One mindset she carries forward from her time at KADA is that details matter, and so does voice. She worked carefully to get dates, roles, and responsibilities right, while making sure each person sounded like themselves, not like a template. That same balance now shapes how she thinks about her own path: precise and organized in her work, but always human and relational in how she connects with others. For future cohorts, her contribution is already visible on the page as a living bulletin that doesn't just record KADA's legacy, but helps weave it together across countries, cohorts, and years.

**Jacobina "Bina" Uushona**  
**2026 Intern**  
**(12th Batch)**



युवा कार्यक्रम  
एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS  
AND SPORTS

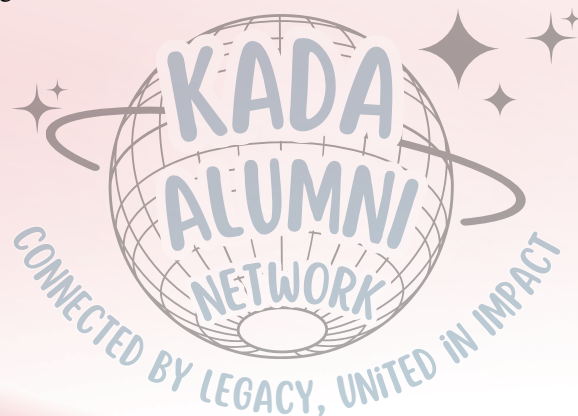


NATIONAL  
ANTI DOPING  
AGENCY  
INDIA

## Where is Vinh now?

### Chief of Doping Control Division Vietnam Anti-Doping Agency (Vietnam)

Vinh is the manager of anti-doping education and doping control in Vietnam. His transformation owes less to formal programs than to genuine human investment, people choosing to see across borders, support emerging talent, and build bridges.



Quang Vinh Nguyen **first met KADA colleagues** on Jeju Island at an Asia/Oceania Intergovernmental Ministerial Meeting before beginning his DTM studies in Seoul (2014-2016). Shortly after, Ms. Rachel Kwon and the KADA team deliberately invested in his development, opening doors to experience at Asia's most prestigious sporting events: the Incheon Asian Games 2014 as a Doping Control Officer (DCO), World University Games 2015, and the crown jewel, PyeongChang 2018 Winter Olympic Games. These weren't random opportunities; they were strategic investments in developing anti-doping professionals across Asia.

What began as transformational field experiences evolved into something deeper: sustained, authentic friendship. For years following PyeongChang, Vinh maintained close contact with KADA colleagues across Korea's anti-doping community, genuine relationships transcending hierarchies and borders, not perfunctory networking. By 2022, eight years after Jeju and six years after PyeongChang, this personal partnership crystallized into institutional cooperation. When Vietnam hosted SEA Games 31 in Hanoi, Vinh worked with KADA colleagues to support Vietnam's doping control operations, and the two national anti-doping organizations signed an official MoU on cooperation and mutual support, formalizing a decade of friendship into a bilateral framework for future collaboration.

Today, Vinh has worked with KADA colleagues for nearly 12 years. His transformation from a Vietnamese professional interested in anti-doping to manager of anti-doping education and doping control in Vietnam and a recognized leader with lifelong friends at Korea's premier organization reflects genuine human investment rather than formal programs alone. As KADA continues developing anti-doping professionals across Asia, Vinh embodies its mission: **advancing anti-doping cooperation through people-centered partnership.**

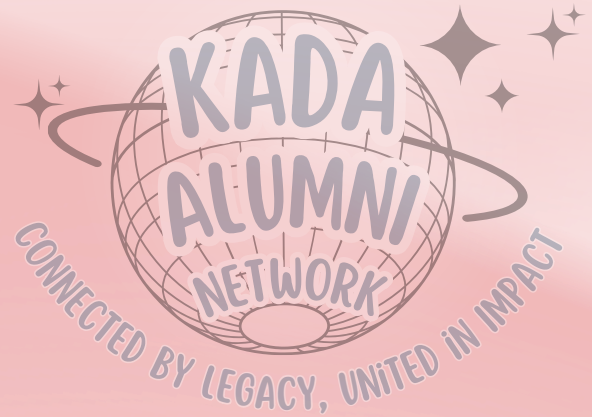
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**Quang Vinh Nguyen**  
DTM Alum  
(2nd batch)

**General Manager - Anti-Doping Singapore  
Ministry of Culture, Community & Youth  
(Singapore)**

Anti-Doping Singapore (ADS) was established in March 2010, and designated by the Government of Singapore as the National Anti-Doping Organization (NADO) to promote and support the eradication of doping in sport in Singapore.



Merey's journey in Anti-Doping commenced in 2010 when she volunteered as a chaperone for the inaugural Youth Olympic Games, a platform for youth competition on the world stage.

By 2015, her commitment deepened when Merey was trained as a Doping Control Officer and served as Doping Control station manager for the 28th Southeast Asian Games, as well as being part of the Organising Committee for the 8th ASEAN Para Games. Leveraging on her working experience in events management and Anti-Doping, it paved the way forward for transformative opportunities.

In July 2020, Merey stepped into the role of General Manager, Anti-Doping Singapore. Encompassing the role of international relations in her role, Merey continued to collaborate with KADA to protect the integrity of Sport. Being part of the World Anti-Doping Agency's Independent Observer Team for the 2022 Asian Games has enhanced Merey's knowledge of global anti-doping programmes.

To ensure a world-class anti-doping programme for 2025 World Aquatics Championships and World Para Swimming Championships, it required seamless integration and compliance with stringent international standards. Merey served as the primary liaison and partnership manager for International Sports Bodies, by establishing joint operational committees to align on all protocols and deliverables for testing and education.

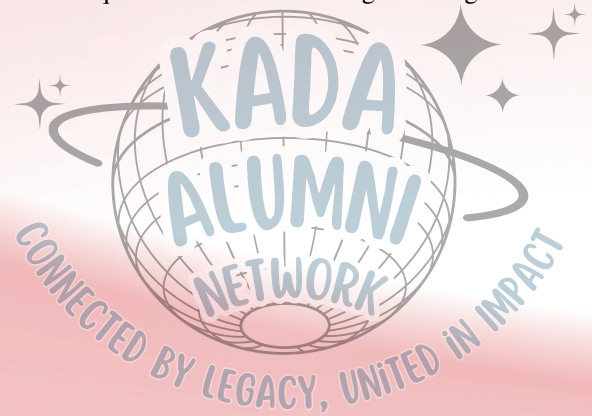
**“I am grateful for the opportunities that the DTM program has given me, opening doors to a career in international relations and the protection of Clean Sports.”** Merey's advice to future interns: “Time and opportunities are precious. Beyond learning and contributing, network and meet more people.” Her legacy inspires the next generation to build bridges in global anti-doping.

**Merey Tan  
DTM Alum  
(5th Batch)**



**Tennis Coach****Bucheon Tennis Academy (South Korea)**

Today, Wilfredo channels that exact philosophy into his role as a Tennis Coach at the Bucheon Tennis Academy in South Korea. Guiding youth elite players ranging from 8 to 18 years old, he faces the daily challenge of adapting his communication skills to connect with vastly different age groups. His remit goes far **beyond perfecting forehands and footwork; he is tasked with helping develop the next generation of professional athletes.** By embedding the principles of clean sport and education into every aspect of his coaching, Wilfredo ensures his young athletes are not just building physical prowess, but also the ethical and professional foundation required to succeed on the global stage.



**Wilfredo Gonzalez**  
**DTM Alum**  
**(7th Batch)**

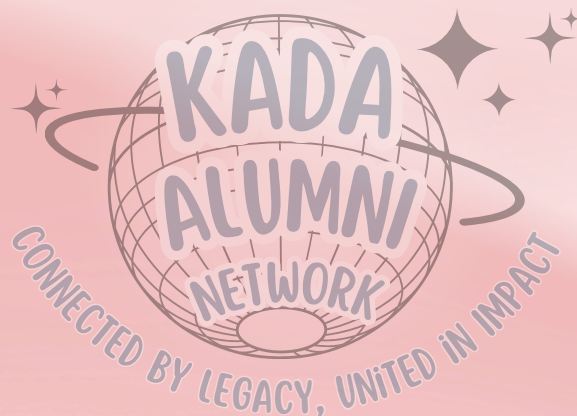
Long before Wilfredo Gonzalez stepped into the International Relations department of the Korean Paralympic Committee (KPC) in early 2021, his dedication to clean sport was already rigorously academic. As a student in the 7th Batch of the SNU DTM program, he cemented his expertise by authoring his thesis, **"An examination of the anti-doping behavior of professional tennis players."** Armed with this deep understanding, he arrived at KPC during a highly sensitive period: the sporting world was navigating the complex final preparations for the postponed Tokyo 2020 Paralympic Games. Immersed in this rigorous environment from January to June, Wilfredo discovered that the true engine of international sports isn't just academic or logistical; it is profoundly human. He quickly realized that success hinged on deep collaboration with his coworkers and maintaining unwavering professionalism in relationships with other National Paralympic Committees.

Wilfredo didn't just learn how to manage international communications; he absorbed a masterclass in relationship-building and resilience. This willingness to lean into demanding situations became a cornerstone of his professional philosophy. It is a mindset of embracing the difficult aspects of growth, which forms the core of his advice to the next cohort of interns: **"Jump into the challenges, take them as opportunities. Only by being uncomfortable are you getting better."**

His trajectory from researching anti-doping behavior at SNU, to managing the administrative hubs of Paralympic preparation, and finally to the tennis courts reflects a unique and powerful application of his core values. The principles of collaboration, professional integrity, and the overarching ethos of clean sport that he cultivated throughout his academic and administrative journey didn't remain confined to a desk or a library; they translated directly into grassroots athletic development.

**Head of Education  
Indonesia Anti-Doping Organization  
(Indonesia)**

At IADO, Natasha oversees values-based education programs, seminars, webinars, and compliance initiatives ensuring alignment with international standards. She also builds partnerships aimed at protecting the integrity of sport across Indonesia.



For Natasha Marcellina Ardiany, sport has always been more than competition, it has been a constant companion, shaping her identity from athlete to educator. A former national champion in roller speed skating, Natasha's journey through sport has taken her from the track to the heart of sport integrity work. Today, she serves as the Head of Education at the Indonesia Anti-Doping Organization (IADO), a role that perfectly merges her passion for sport and her dedication to fairness.

Natasha's connection with the Korea Anti-Doping Agency (KADA) began during her involvement with the **KADA Anti-Doping Seminar in 2022**, an experience that would leave a lasting mark on her professional path. There, she encountered experts, peers, and mentors who helped her see anti-doping not just as a regulation but as a genuine mission to empower athletes with knowledge.

"With KADA, I gained new knowledge, exchanged insights and experiences, and cultivated many inspiring friendships," she recalls. "This experience has been invaluable to my anti-doping career."

That exposure to international cooperation and education would later guide her approach as she stepped into a leadership position back home in Indonesia.

Driven by one of her favorite quotes, "**You don't have to be great to start, but you have to start to be great**" (Zig Ziglar), she approaches every task with humility and determination. Her advice to future KADA interns and young professionals is simple yet powerful: "**Be ready to learn a lot of things and always be hungry**," she said enthusiastically.

From her days on the skating track to leading national education programs, Natasha's story reflects the value of knowledge, collaboration, and the courage to start.

**Natashya Ardiany**  
**DTM Alum**  
**(8th Batch)**

# 레거시포럼 2024 LEGACY FOR

Ministry of Culture, Sports  
and Tourism



SEOUL  
OLYMPIC  
LEGA  
FOR

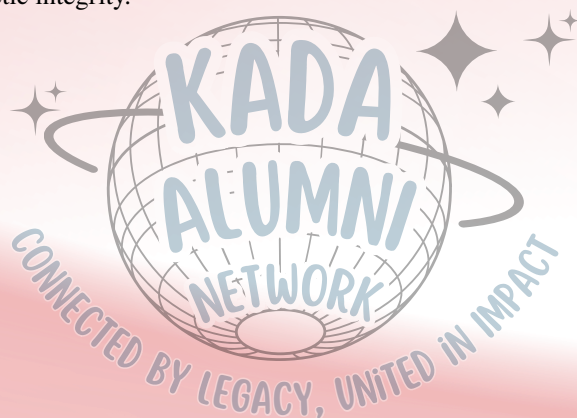


**Madina Arstanova**  
**DTM Alum**  
**(12th Batch)**

## Where is Madina now?

### DCO & Manager NADC-KG (Kyrgyzstan)

Today, Madina brings both of these pillars, creative education and cultural adaptability, to life in her role as a Doping Control Officer (DCO) and Manager at the National Anti-Doping Center of the Kyrgyz Republic (NADC-KG). Her responsibilities form the operational backbone of clean sport in Kyrgyzstan. From preparing critical reports and training chaperones to administering the ADeL online anti-doping system and assisting foreign delegates, she handles the rigorous daily demands of a National Anti-Doping Organization with precision and an unwavering commitment to athletic integrity.



When Madina Arstanova reflects on her professional development, two distinct yet interconnected experiences stand out: the multicultural immersion of the DTM program at SNU and a specific, transformative half-day workshop hosted by KADA for DTM students in the winter of 2025. During that intensive KADA session, she discovered a new approach to anti-doping education, learning how to turn complex regulations into engaging, playful, and interactive activities for young athletes. "It showed me that education does not always have to be formal; it can also be creative and engaging," she recalls. Meanwhile, the broader DTM course instilled a crucial mindset of adaptability. Collaborating with peers from across the globe taught her the vital importance of clear communication and open-mindedness.

This embracing of new perspectives forms the core of her advice to current and future DTM students: "My advice would be to stay curious and open to learning as much as possible. Don't be afraid to ask questions or try new things, even if it feels a little uncomfortable at first." She emphasizes that the human element is just as important as the academic one, urging students to "take time to connect with the people around you; the friendships and professional connections you build can stay with you long after the program ends."

These foundational experiences now dictate how she interacts with national sports federations, athletes, coaches, and foreign delegates. Madina doesn't just enforce rules; she actively designs and prepares anti-doping seminars that make the ethos of clean sport accessible and memorable. By blending the creative educational strategies she learned from KADA with the cross-cultural communication skills honed during her master's program, she ensures that stakeholders from all backgrounds not only understand the procedures but genuinely connect with the values of clean sport.



# The Journey Continues

*May the experiences shared here inspire your own next steps in clean sport.*

Thank you for journeying with our DTM–KADA alumni. As you close this bulletin, we hope their paths encourage you to see your own experience not as a chapter that has ended, but as a foundation for the next decision, the next role, and the next contribution you make to clean sport.

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